

Discovering Your God-Given Purpose

A Reflection Worksheet

1. Purpose is the Target

Purpose brings direction. Purpose brings alignment. Purpose brings fulfillment. Reflect on where you feel most alive and where life may feel aimless!

- When do I feel most alive?
- What activities make me feel aligned with who God created me to be?
- What areas of my life currently feel aimless or misdirected?

2. Purpose is Refined through Process

Mistakes, trauma, bad choices, all of the pain, and setbacks are a part of discovering our purpose.

- What difficulty experiences have shaped my perspective?
- What lessons has God taught me through hardship?
- How could my past struggles help someone else?

3. Purpose Solves Problems

Each of us was created to address something specific, maybe to break generational curses or to bring light, healing, leadership, restoration, or truth somewhere. Reflect on how some of the struggles we see in the world be connected to people living disconnected from their purpose and what might change if that shifted.

- What problems in the world deeply move or bother me?
- Where do I feel drawn to bring healing, truth, or restoration?
- What issues make me think, 'Someone should do something about this'?

4. Purpose is Connected to Community

Our pain is deeply connected to our purpose and the people that God is calling you to serve. Reflect on how your life experiences may have caused you to be passionate about a certain group of people.

- Who are the people or group you naturally feel drawn to help or support?
- Whose pain or life experiences do you understand deeply because of your own journey?
- What challenges have you personally experienced that might help you support others?

5. Purpose is Connected to Passion

Passion fuels purpose. What deeply moves you often points toward what you're called to build or solve.

- What activities or topics make you feel energized and fully alive?
- What topics do you naturally enjoy learning about or researching?
- When do you feel the most motivated or inspired?

6. Purpose is Tied to our Gifts

Our natural gifts and strengths play an important role in helping us fulfill our God-given purpose. Often, the talents that feel easy or natural to us are the very ones God intends to use to impact others and guide us toward our purpose.

- What abilities or talents come naturally to you?
- What do you find easy to do that others often find difficult?
- How have your natural strengths helped you support or encourage others?
