

Gifts & Talents

Assessment Worksheet

This worksheet is designed to help you identify your natural gifts and talents, understand how they function in your life, and connect them to your God-given purpose. The goal is clarity, awareness, and stewardship, not comparison or performance.

1. What comes naturally to me?

List things that feel "easy" or natural for you, even if you don't think they are special.

Examples: connecting with people, organizing, teaching, writing, problem-solving, creativity, listening, leadership.

2. What do others often notice or compliment in me?

3. What activities give me energy (not drain me)?

What do you enjoy doing even when it requires effort?

4. Where do I tend to excel without intense effort (compared to others)?

Think about areas where things just "click" for you.

5. Patterns of Strength (Reflection)

What themes do you notice across your answers above?

(Example: communication, structure, creativity, empathy, leadership, analysis, etc.)

6. How Might These Gifts Connect to Purpose?

How could your gifts serve others, build something meaningful, or reflect God's character through you?

7. Growth & Stewardship

Gifts are given by grace, but they require stewardship.

What skills or disciplines do you need to develop to strengthen your natural gifts?

8. Alignment Check

- Am I currently using my gifts intentionally? Yes / No / Partially
- What is one way I can better align my gifts with my purpose this week?

Closing Reflection

Your gifts are not random. They are indicators of where grace has already been placed in your life. As you grow in awareness and stewardship, your gifts become tools that help you walk more effectively in your God-given purpose.